

Raising Safe Kids: One Stage at a Time



Safety Checklist for Little Kids (1 to 4 yrs.)

Preventing Falls

- Install stair gates.
- Use stationary play centers instead of baby walkers
- Use playgrounds that are age-appropriate (for children under 5) and have safe surfacing (shredded rubber, sand, etc).
- Don't put toys or things that attract children on top of furniture.
- Place furniture away from windows and secure it to the wall.

Preventing Motor Vehicle Injuries

- Keep your toddler rear-facing until the weight or height limits of the convertible seat have been met. Then use a forward-facing car seat in a back seat of the car. Do not rush to place your child forward-facing.
- Have your car seat checked by a certified child passenger safety technician to make sure it's properly installed.
- Walk all the way around your parked car to check for kids at play.
- Never leave your child alone in a car, even for a minute.
- If a child goes missing, immediately check trunks and cars.

Preventing Burns & Scalds

- Install smoke alarms and carbon monoxide detectors in your home.
- Lock up matches and lighters out of his or her sight and reach.
- Set your water heater at 120 degrees Fahrenheit or below.
- Make the stove area a "kid-free" zone.
- Cook with pots and pans on back burners. Turn handles away from the front of the stove when cooking.
- Place hot foods and liquids on the center of the table. Don't set them on the edges of tables or counters.

Preventing Poisonings

- Lock up poisons out of your child's reach and sight.
- Use child-resistant packages.
- Keep products in their original containers.
- Don't call medicine "candy".

Visit www.usa.safekids.org for more information.

